# Advocate Update – Our New Normal

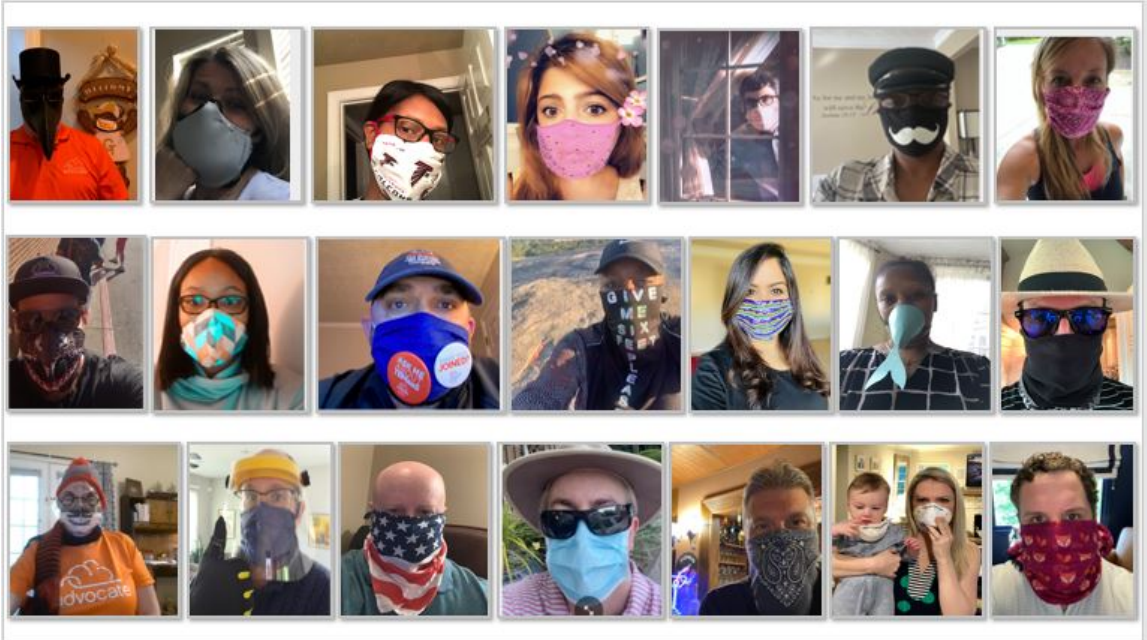
Hello Advocate friends and family,

At Advocate, we have taken full measures to make sure our employees and clients remain safe in these challenging times. Making the transition from the everyday office life to working from home with our families has been a rollercoaster ride! But while in this new normal we have decided to ramp up the "community" feel within our organization by incorporating a few things that help make our workdays more interesting.

**Weekly Company Meetings**! – At Advocate, our values are trust, positivity, and passion. Our weekly all-hands meetings provide space and time to practice our values by allowing transparency in what's happening outside our world and inside our company.

**Virtual Happy Hour**! – Stress doesn't stop just because you're not at the office. In fact, you may notice more stress while working from home with a heavier workload or trying to find a balance within your work from home environment. Here at Advocate, we have incorporated virtual happy hours each week to give us all a sense of community while we are not able to physically see each other. We have even found our clients excited to attend as well!

**Insider-to-Insider Program**! – Thinking about your coworkers during this time is normal. We can't physically see each other so how do we know they're okay? Advocate has decided to make sure we are taking care of each other in this time by using a randomized program to give everyone a chance to call on a colleague to see how they are doing. No business talk allowed!

**Best Mask Contest**! – Advocate held a COVID-inspired mask contest to see who has the most creative mask during the quarantine (congratulations Geri!). Many have submitted photos that we are adding to a picture collage to commemorate the time!

Overall, we're doing okay! And we hope you are too. Stay tuned for more updates as the time passes. Continue to stay safe!